



## Join our WhatsApp Group Today! #SSAH Gulf Coast

We are excited to announce that Gulf Coast Soccer has partnered with the Houston Dynamo Academy and Tom Byer to host this **FREE AT HOME** 15-week challenge. The Challenge is intended to inspire and document the development of young players (ages 2-7) utilizing the concepts of [Soccer Starts at Home \(SSAH\)](#).

If you missed Tom's [PRESENTATION](#), the SSAH soccer philosophy is based on using the critical power of parents during early childhood to encourage children to manipulate a small ball (rather than just kick it), in or around their house. Parents are empowered with basic knowledge and spend time with their children while they repeat core moves/skills. The child's interest and motivation build as they receive positive encouragement and successfully achieve tasks.

### Participate in THREE easy steps...

1. Join the [#SSAH Gulf Coast WhatsApp Group](#) today, where you will follow the guidance from our training staff at Gulf Coast and Houston Dynamo Academy Director Paul Holoher as they provide one skill a week to work on with your explained by Tom Byer himself. We will provide positive feedback and tips as you post videos of your child practicing.
2. Get a soccer ball and find a safe space inside or outside to play.
3. Need a ball? The links below are from Beaumont or Port Arthur stores with a free pick up. Size 1-3 ball is recommended.
  - a. [Size 1 Soccer Ball](#) (recommended for ages 2-4)
  - b. [Size 1 Soccer Ball](#) (recommended for ages 2-4)
  - c. [Size 1 Soccer Ball](#) (recommended for ages 2-4)
  - d. [Size 3 Soccer Ball](#) (recommended for ages 4-7)

**Be ready Monday, April 6 to start with our week 1 skill! Participate as much as you like!**

\*\*Check out Tom's own children's development using SSAH\*\*

<https://www.youtube.com/playlist?list=PLcgihZnEyMpvAsyUUt看mhhsFpupwaal7>

This challenge is open to all players in the desired age range whether currently inside the club or not. Please share this email with friends and family. We look forward to starting our new program with you Monday.

If you have any questions about this program, please email Brittany at [SSAH-1@gcycsc.com](mailto:SSAH-1@gcycsc.com).

Thank you,

Gulf Coast Youth Soccer Club